

**COMPASS Adult Mobile Crisis** responds to the needs of adults, 18 years and over, who are experiencing an emotional or behavioral health crisis in the community, 24/7.

Services available in the following locations:

 Adair Cherokee

Creek

(Sapulpa and West Tulsa)

- Okfuskee
- Okmulgee
- Sequoyah
- Wagoner (incl. Catoosa and Broken Arrow)

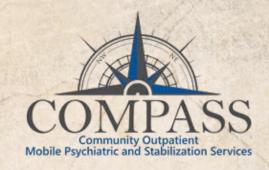
CREOKS Health Services is a non-profit organization providing comprehensive health, wellness and social services. Our behavioral health division has been serving communities in Oklahoma since 1980. Our reputation has allowed us to work with local agencies, schools, and civic organizations to help individuals and families.

Our organization offers a wide-range of services in our clinics and through home or school-based programs, as well as our crisis stabilization centers. We help individuals needing brief counseling, substance abuse treatment or those struggling with behavioral issues.

CREOKS is certified, and partially funded by the Oklahoma Department of Mental Health and Substance Abuse Services and is accredited by CARF International.







# **Adult Mobile Crisis Services**



Get help now! 1-877-327-3657 FREE, Confidential & 24/7

CREOKS Health Services promotes and improves the lives of the individuals and families we serve through our commitment to provide comprehensive health, wellness and social services.

#### **COMPASS Adult Mobile Crisis**

COMPASS provides rapid, safe and compassionate mobile crisis response services to adults in a mental health crisis.

COMPASS support is free, confidential and available 24/7. Our trained mental health professionals are ready to help. Call us:

(877) 327-3657



### What is a Mental Health Crisis?

A mental health crisis is when someone's behaviors keep them from functioning or they indicate they might harm themselves or others. The signs of a mental health crisis can differ from person to person.

Signs of crisis may include:

- Threats of suicide or suicidal thoughts
- Engaging in self-injury
- Severe agitation or aggression, like physical aggression towards others, hostility, or destruction of property.
- Severe depression; isolation from friends and family
- Overwhelming anxiety or panic attacks
- Experiencing hallucinations or delusions
- Severe emotional or behavioral disturbance

A crisis can feel overwhelming and if the coping skills you usually have aren't working, trust your instincts to get help.

## Who should make the call?

- · You
- · Family or Friend
- Physician
- Law Enforcement
- Anyone who knows of an adult experiencing a crisis

# **Crisis Response Specialists**

Our crisis response specialists are ready to provide timely emergency behavioral health support whether over the phone or where you are, face to face.

Our objectives are to de-escalate crisis behavior, and ensure safety of the individual.

### **Services:**

- Consultation and Information
- Crisis Assessment
- Intervention and Stabilization
- Counseling by phone or in-person
- Development of a comprehensive crisis plan
- Facilitation of alternate levels of care
- Transportation
- Referral for additional assistance from community resources

